

NNMHR March monthly meeting
Santa Fe Women's Club
Tuesday, March 14, 2023
11:30am to 1pm

Tickets

\$30.00 NNMHRA Member Ticket

\$35.00 Non-NNMHRA Member

\$10.00 NNMHRA Member - Virtual Ticket

\$10.00 Non-NNMHRA Member - Virtual Ticket

\$15.00 Associated Student NNMHRA Member

\$20.00 Associated Student NNMHRA Non-Member

How to Successfully Lead an Organizational Change

Being the leader of an organizational change can be challenging, exhausting, and exhilarating. You think you've got the change all planned out and after getting the necessary approvals and buy-ins from your leadership team (or maybe you skipped that step?), the change bombs or falls flat or barely reaches completion.

This program will give you the nuggets to successfully lead any type of change in your organization (or even a change in your personal life). We will cover the seven dynamics of change, the differences between changes and transitions, the three key transition phases, and questions you can ask to keep the change on track. Judy Perkins developed her expertise in change and transition management by studying with the esteemed William Bridges, Ph.D. and by trial and error during her 40 years' experience helping leaders to navigate the choppy waters of organizational change.

Bio:

Judy Perkins is a Human Resources and Wellness Consultant. She is a Holistic Health Coach, a Master Certified Primal Health Coach and a practitioner of Emotional Freedom Techniques (EFT, also known as "Tapping"). She holds a Master's in Business Administration and a Bachelor's in Social Work. But there is a lot more to Judy than certifications and degrees.

Most recently, Judy was the Director of Human Resources for over seven years at Ojo Spa Resorts. For thirteen years before that, she was Senior Vice President and Chief Human Resources Officer at a large community bank in Massachusetts. Judy's background also includes starting her own human resources and management consulting practice where she advised over 130 for-profit and not-for-profit organizations in New England for over a decade. Earlier in her career, Judy was the Director of Career Services at a business college in Massachusetts.

Judy is also a former President of Northern New Mexico Human Resources Association (NNMHRA) and is honored to have received the Society for Human Resources Management-New Mexico HR Professional of the Year Award in 2017.

Helping people thrive is one of Judy's missions. A few years ago, Judy made a pivotal decision to disrupt her long standing corporate career and re-wire herself into the corporate wellness and individual health coaching worlds, in addition to returning to her HR consulting and training roots.

Judy is uniquely qualified to help organizations thrive and to help people reclaim their own health and live their best lives! She can be reached at (505)484-8290 or JudithPerkins@comcast.net.

